

EQUIPPED TO MARCH

# WHAT ARE YOU HUNGRY FOR?

## VERSES USED AND REFERENCED:

*Matthew 5:6, John 17:3, Psalm 34:8, Ezekiel 47*

## MAIN IDEAS & DEFINITIONS:

- \*You will crave what you consume
- \*Jesus is the only one who will truly satisfy
- \*What you feed will grow
- \*You have to taste to know
- \*It takes time for appetites to change

## DISCUSSION QUESTIONS:

- \*Why does hunger matter?
- \*How do you know if you are hungry for God? How do you know if you are not hungry for God?
- \*You crave what you consume. So what are you consuming?
- \*What are you hungry for?
- \*What do you need to stop consuming so you can be hungry for God?

## WHAT NEXT:

After asking yourselves "What am I consuming that I need to give up so I can be hungry for God?" put it into action. Identify and then give up the things that hold you back from hungering after God.