

# LiveDead Challenge Abide Guide

Jesus is worthy of all our time, so let's give Him the best 10% of each day!

## **Bible Reading - 20-30 minutes**

The Bible is God's Word -- things He's already said about Himself and His world. So when we read it, because it's His Word, we're actually in a way hearing from God Himself! The Bible is the primary way we hear from God, so it's foundational in our walk with Him. Here is a reading plan we made for you to follow to have guidance over the 30 days while we do the LD Challenge. You can follow it completely, or just as a starting place! Additional Bible reading recommendations are at the end of the Abide Guide for when the LD Challenge is over!

\*Optional: if you are wanting to read more do the Genesis readings! :)

- Day 1 - Luke 1-2, Proverbs 1 (\*Genesis 1)
- Day 2 - Luke 3-4, Proverbs 2 (Genesis 2)
- Day 3 - Luke 5-6, Proverbs 3 (Genesis 3)
- Day 4 - Luke 7-8, Proverbs 4 (Genesis 4)
- Day 5 - Luke 9-10, Proverbs 5 (Genesis 5)
- Day 6 - Luke 11-12, Proverbs 6 (Genesis 6)
- Day 7 - Luke 13-14, Proverbs 7 (Genesis 7)
- Day 8 - Luke 15-16, Proverbs 8 (Genesis 8)
- Day 9 - Luke 17-18, Proverbs 9 (Genesis 9)
- Day 10 - Luke 19-20, Proverbs 10 (Genesis 10)
- Day 11 - Luke 21-22, Proverbs 11 (Genesis 11-12)
- Day 12 - Luke 23-24, Proverbs 12 (Genesis 13-14)
- Day 13 - Acts 1-2, Proverbs 13 (Genesis 15-16)
- Day 14 - Acts 3-4, Proverbs 14 (Genesis 17-18)
- Day 15 - Acts 5-6, Proverbs 15 (Genesis 19-20)
- Day 16 - Acts 7-8, Proverbs 16 (Genesis 21-22)
- Day 17 - Acts 9-10, Proverbs 17 (Genesis 23-24)
- Day 18 - Acts 11-12, Proverbs 18 (Genesis 25-26)
- Day 19 - Acts 13-14, Proverbs 19 (Genesis 27-28)
- Day 20 - Acts 15-16, Proverbs 20 (Genesis 29-30)
- Day 21 - Acts 17-18, Proverbs 21 (Genesis 31-32)
- Day 22 - Acts 19-20, Proverbs 22 (Genesis 33-34)
- Day 23 - Acts 21-22, Proverbs 23 (Genesis 35-36)
- Day 24 - Acts 23-24, Proverbs 24 (Genesis 37-38)
- Day 25 - Acts 25-26, Proverbs 25 (Genesis 39-40)
- Day 26 - Acts 27-28, Proverbs 26 (Genesis 41-42)
- Day 27 - Galatians 1-3, Proverbs 27 (Genesis 43-44)
- Day 28 - Galatians 4-6, Proverbs 28 (Genesis 45-46)
- Day 29 - Ephesians 1-3, Proverbs 29 (Genesis 47-48)
- Day 30 - Ephesians 4-6, Proverbs 30,31 (Genesis 49-50)

## **Listening**

Take time during and after reading and praying to listen to what the Lord might be speaking to you. Doesn't have to be long; just start with 5 minutes!

## **Questions To Ask While Reading**

As you read through the Bible, here are some good questions to ask yourself to help you think more deeply about the Bible. These questions can really help us seek God and create depth in your reading time!

1. What stands out the most?
2. What do I learn about God from these passages?
3. What do I learn about man?
4. What truth should I believe about God? In general?
5. How do I apply this to my life and how will it affect my actions, attitudes, relationship with God or others?

## **David Pawson and Bible Project Videos**

To help understand context and meaning/purpose for books in the Bible, check out David Pawson's video series called "Unlocking the Bible" and/or the Bible Project videos on YouTube. David Pawson was an amazing man of God and English preacher, and his Unlocking the Bible videos are so helpful for understanding the context of a book and enjoying the Bible more! The Bible Project videos are much shorter and explain more of the meaning of each book. (These videos could also count toward your 2 and a half hours a day with Jesus, as they're getting your mind on the Lord and helping you understand His Word more! It's helpful to invite Jesus into your time while you watch the videos so that you'll be more mindful of Him while you watch.

### **David Pawson - Old Testament**

<https://youtube.com/playlist?list=PLfk5IZQHKovKhMVo9ekMLvZk8vFV9RJvC>

### **David Pawson - New Testament**

[https://youtube.com/playlist?list=PLfk5IZQHKovK\\_7RzISco4nVgMvt0bqFUZ](https://youtube.com/playlist?list=PLfk5IZQHKovK_7RzISco4nVgMvt0bqFUZ)

### **Bible Project - Old Testament**

[https://youtube.com/playlist?list=PLH0Szn1yYNeeVFodkI9J\\_WEATHQCwRZ0u](https://youtube.com/playlist?list=PLH0Szn1yYNeeVFodkI9J_WEATHQCwRZ0u)

### **Bible Project - New Testament**

<https://youtube.com/playlist?list=PLH0Szn1yYNecanpQqdixWAm3zHdhY2kPR>

## **LiveDead Journal - 10-20 minutes**

Don't forget to count the time you spend reading and praying through the LiveDead Journal!

## **Prayer - 20 minutes**

Prayer is the primary way we are able to communicate with the Lord. We can talk to God - what an incredible opportunity! God is a person and He wants more than anything to spend time with us, and just like with other people, it can take time for us to be able to spend large amounts of time with Him. So if you're just learning to pray, here are some ways to start! Just pick one or mix and match and start with 20 minutes and you may find you want to spend even more!

### **A.C.T.S Prayer Method**

This Prayer Method is broken down into 4 components of prayer you can focus on daily. You can start by spending 5 minutes in each section, and you may soon see you want to spend more time in each section!

Adoration: Begin your prayer by praising and honoring God for who He is.

Confession: Pray that God reveals any sin in your life and ask for his forgiveness.

Thanksgiving: Express thanks to God for what He is doing in your life.

Supplication: End your prayer time by lifting up to the Lord the needs of others' and your own.

### **Scripture Prayers**

Personalize the passages you're reading in the Bible and the verses we've provided below to memorize and turn them into your own prayers! Ask God to help you do, have, or want what's in these verses. If it's about God, praise or thank Him for it. If it's what He wants, ask for it to come true in the lives of us and others.

### **Prayer Journal**

Use a prayer journal— buy a small notebook or index cards and write several lists to pray through over the next 30 days. Pray through one list every day; set a timer for 10, 15, or 20 mins at a time to start; carry this journal with you wherever you go! (Example lists: nation and world, university, family, friends, small group, classmates/friends who need to know Jesus, personal needs/goals.

## **Worship - 20-30 minutes**

Worship is more than just singing songs to God; it is giving worth to God through our very lives. But that doesn't mean that singing songs of praise and worship aren't a form of worship. We have created a playlist of worship songs for you as we do the Live Dead Challenge that will be on Spotify called LiveDead Challenge Worship. There will be songs you are familiar with and new songs for you to be able to worship God in a new way. Each day the songs will be updated, giving you about 20-30 minutes of time to worship God alongside each other! As you listen and worship, take note of the songs and artists that help you worship and connect with Jesus most so that you can come back to them if you want!

### **Spotify Playlist (make sure to save the playlist)**

<https://open.spotify.com/playlist/2rsAuTjXpseVRk7idWsj0U?si=Mc50l1tmT0ebA8yI7Eghbw>

## **Scripture Memory - 5-10 minutes**

Scripture memory is an amazing way to get the Word of God in our hearts and minds. We've provided a passage for each week that you can start with, each with just a few verses. Spend 5-10 minutes each day on them and by the end of the week you should know it pretty well! Write out the verses every day in a little notebook or on notecards. Download a Bible memory app. Say them out loud. Write your thoughts about the verses and look at the verses around these to learn the context. Another thing you could do is choose something from what you're reading to memorize or memorize verses at the beginning of the chapters in the LD Journal. Here are some to start with!

Week 1: John 15:4-5

Week 2: Psalm 91:1-2

Week 3: Mark 12:28-31

Week 4: Matthew 28:18-20

### **Verses Project**

The Verses Project is a creative way to memorize Scripture through song and can be found on Spotify. Split up the passages over time and you could even memorize entire chapters of the Bible! Listen to the song here and there throughout the day, write it down, and sing it. Set time aside or do it while you're doing dishes, showering, walking to campus or between classes, working out, etc. So if you like to sing or need a way to help you learn scripture, check it out on Spotify!

Example Plan: Psalm 91

Week 1 - 1st song

Week 2 - 2nd & 3rd song

Week 3 - 4th & 5th song

Week 4 - 6th & 7th song

### **Practice the Presence/Pockets**

Find pockets of “unused time” to spend with Jesus— every time you drive in your car or ride the bus, every time you walk to and from campus, every time you’re in your bathroom, every time you wash dishes, etc! Use these pockets of time to pray or worship or listen to Scripture or memorize Scripture. It’s amazing how much time you actually have that you don’t realize you have...! This time will ADD UP...!

Example: Use spiral bound index cards to write down verses you want to memorize— keep this spiral in your bathroom and meditate on/memorize those verses every time you shower, brush your teeth, get ready for the day, etc.

## **Friends!!!**

Time with Jesus can be spent with friends! Read, watch, and listen with friends then talk about it together! As we do this, we exalt Jesus in our community, so it’s a great way to spend more time with Jesus throughout the day!

## **Other Resources**

Another way some of us have grown tremendously is by reading, watching, and listening to books, articles, videos, and podcasts by faithful men and women of God who devoted their lives in service to Jesus. Some of them are missionaries, evangelists, pastors, teachers, and most importantly, just regular people who walked daily with the Lord and were used by Him mightily. We highly encourage you to look them up and learn from their lives and words! Pick a book or two to read through during the LD Challenge, read a different article every other day, or look up some of the videos and podcasts.

### **Videos - YouTube**

David Pawson “Unlocking the Bible”  
Bible Project  
21 CR by Winkie Pratney (sermons)  
Great Sermons playlist by Chi Alpha

### **Websites**

Blue Letter Bible (commentaries)  
WVUXA.com (look at resources)  
LiveDead.org  
Last Days Ministries

### **Missionary Biographies**

God's Smuggler  
The Cross and the Switchblade  
Sadhu Sundar Singh  
Tortured for Christ  
The Hiding Place

### **Books**

Mere Christianity by C.S. Lewis  
Your God is too Small by J.B. Phillips  
The Great Divorce by C.S. Lewis  
The Knowledge of the Holy by A.W. Tozer  
Love Slaves by Samuel Logan Brengle  
A Tale of Three Kings by Gene Edwards  
Why Revival Tarries by Leonard Ravenhill  
The Practice of the Presence by Brother Lawrence  
The Greatest thing in the World by Henry Drummond  
Humility by Andrew Murray  
The Mark of a Christian by Francis Schaeffer  
Screwtape Letters by C.S. Lewis  
My Utmost for His Highest by Oswald Chambers

### **Articles:**

"How to spend the day with God" by Richard Baxter  
"You're as close to God as you want to be" by J. Oswald Sanders

### **Apps:**

Operation World (prayer for the Nations)  
Joshua Project (prayer for the nations)  
The Bible Memory  
Verses - Bible Memory

## **After the Challenge**

### **Bible Project Reading Plan**

Check out the Bible Project one year bible reading plan. This plan has planned reading for each day and helpful videos to understand what you are reading. If you read Genesis during the Live Dead Challenge then you can just pick up the plan with Exodus.

### **LiveDead Joy**

If you wanted to continue to tithe your time to Jesus you could check out Live Dead Joy. It is a year long journal and plan. It is more intensive than the Bible Project one year plan. Every day you read three chapters from the Old Testament, one chapter from psalms or proverbs, a chapter from a gospel, and a chapter from an epistle and there is an amazing, short devotional like there is in the Live Dead Journal.

Link to buy book: <https://www.livedead.org/product/live-dead-joy/>